

# Paziente con fibrillazione atriale e scompenso cardiaco

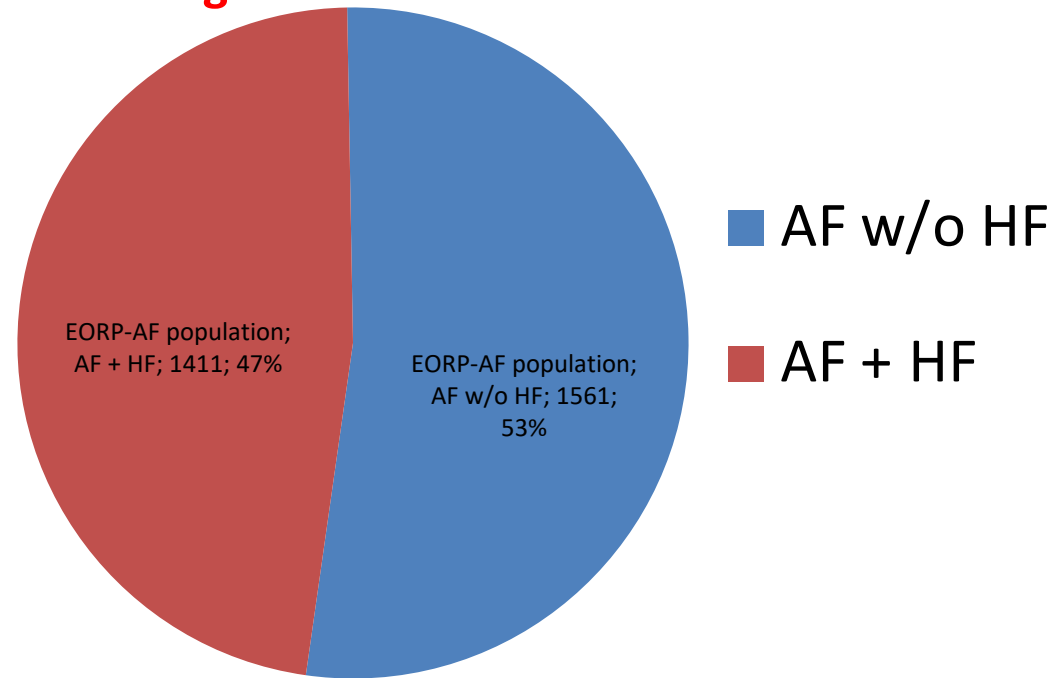
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# Heart failure in patients with atrial fibrillation in Europe: a report from the EURObservational Research Programme Pilot survey on Atrial Fibrillation

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**Titolo del grafico**



- In HF patients AF prevalence ranges from 12 to 41%
- Prevalence of AF increases with HF worsening

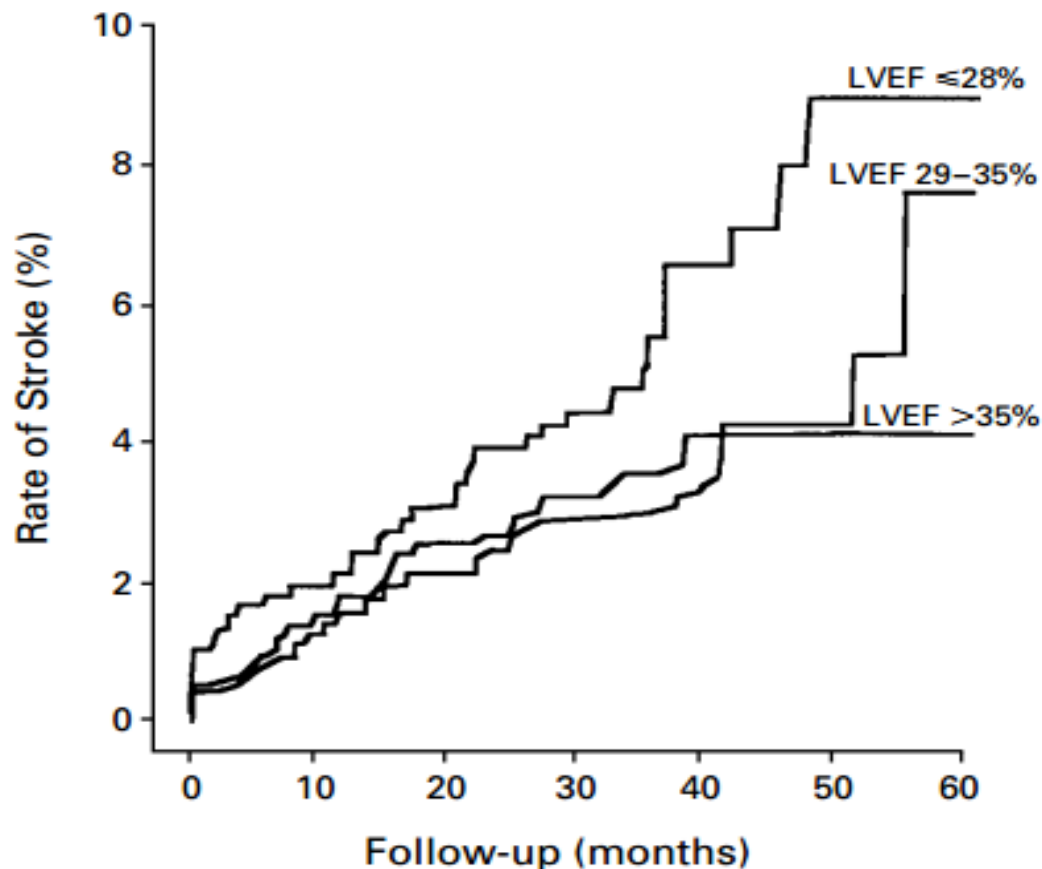


# VENTRICULAR DYSFUNCTION AND THE RISK OF STROKE AFTER MYOCARDIAL INFARCTION

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**TABLE 2. RISK FACTORS FOR STROKE IN THE MULTIVARIATE ANALYSIS.\***

RISK FACTOR	RELATIVE (95% CI)
LVEF (for each decrease of 5 percentage points)	1.18 (1.01-1.36)
Age (for each increase of 5 yr)	1.18 (1.01-1.36)
Anticoagulant therapy during follow-up	0.19 (0.01-3.5)
Aspirin use during follow-up	0.44 (0.21-0.91)
Current smoking at randomization	1.40 (0.81-2.43)
History of hypertension	1.12 (0.71-1.77)
History of diabetes	1.34 (0.81-2.19)
Previous myocardial infarction	0.97 (0.61-1.54)
Recurrent myocardial infarction	0.87 (0.47-1.61)
Assignment to captopril	1.28 (0.81-2.03)
Atrial fibrillation or flutter before randomization	1.62 (0.91-2.91)
Thrombolytic therapy	0.62 (0.31-1.24)



# Heart failure and thromboembolic risk

## Hypotheses:

- deceleration of peripheral and intracardiac blood flow due to peripheral congestion and impaired cardiac contractility
- endothelial dysfunction (impaired NO response)
- prolonged bed rest in severely ill cases
- the presence of coagulation defects as, for example, in the case of ventricular assist devices



# VKA limitations

- Intra- and interpatient variability in dose response
- susceptibility to drug–drug and drug–food interactions
- narrow therapeutic index necessitating periodic monitoring of physiologic response to warfarin using the international normalized ratio (INR)

# HF and VKA: the bleeding risk

**Table 2** Unadjusted outcomes during 365-day follow-up period

Characteristic	Stable group (n = 533)	Comparator group (n = 2555)
Received heparin* (%)	1.1	7.1
Deceased (n, %)	2, 0.4	51, 2.0
AC-related death (n, %)	0, 0.0	2, 0.1
AC-related thrombosis (n, %)	1, 0.2	34, 1.3
Arterial thromboembolism	0, 0	1, 0.04
Deep vein thrombosis	0, 0	4, 0.2
Pulmonary embolism	0, 0	6, 0.2
Stroke	1, 0.2	14, 0.5
Thrombophlebitis	0, 0	1, 0.04
Other	0, 0	8, 0.3
AC-related bleeding (n, %)	11, 2.1	104, 4.1
Epistaxis	2, 0.4	24, 0.9
Gastrointestinal	5, 0.9	44, 1.7
Hemarthrosis	0, 0	3, 0.1
Hematoma	0, 0	6, 0.2
Hematuria	1, 0.2	10, 0.4
Intracranial	1, 0.2	8, 0.3
Other	2, 0.4	9, 0.4
AC-related bleeding or thrombosis (n, %)	12, 2.3	136, 5.3

**Table 3** Predictors of stable INR control status (c-statistic = 0.69)

Predictor	Adjusted odds ratio	95% CI
Age		
> 70 years	1.93	1.56–2.38
≤70 years	–	–
Sex		
Female	–	–
Male	1.44	1.16–1.78
INR target		
2.0	2.80	1.83–4.28
2.5	–	–
≥3.0	0.28	0.17–0.47
Primary indication for anticoagulation therapy		
Atrial fibrillation	–	–
Venous thromboembolism	0.81	0.63–1.04
Heart valve disorder	1.13	0.65–1.98
Other	1.01	0.77–1.31
Risk factors		
Diabetes mellitus		
Yes	–	–
No	1.69	0.93–3.08
Hypertension		
Yes	–	–
No	0.98	0.77–1.24
Heart failure		
Yes	–	–
No	2.08	1.36–3.17

# Predictors of TTR<55%

Impact of demographics and co-morbidities on likelihood of lower time in therapeutic range

Characteristic	OR (95% CI)	p
Age $\geq 75$ (vs $< 75$ ) (yrs)	0.94 (0.88–1.01)	NS
Men (vs women)	0.78 (0.73–0.83)	$< 0.001$
United States region		
Northeast	1.00 (Referent)	—
West	1.39 (1.26–1.54)	$< 0.001$
South	1.38 (1.26–1.52)	$< 0.001$
Midwest	1.04 (0.95–1.14)	NS
Co-morbidities (vs not present)		
Heart failure	1.41 (1.28–1.56)	$< 0.001$
Diabetes	1.28 (1.19–1.38)	$< 0.001$
Previous stroke	1.15 (1.04–1.27)	0.0075
Hypertension	0.86 (0.80–0.93)	$< 0.001$

CI = confidence interval; OR = odds ratio.

# HF and VKA: the bleeding risk

>4000 pts from the AFFIRM study

**Table 1.** Baseline characteristics

	<b>All patients</b>	<b>No major bleeding</b>	<b>Major bleeding</b>	<b>P</b>
n (%)	4060	3800	260	
Randomized to rhythm control	2033 (50)	1909 (50)	124 (48)	.427
Age (y) (mean ± SD)	69.7 ± 9.0	69.6 ± 9.0	72.3 ± 8.2	<.001*
Women	1594 (39)	1478 (39)	116 (45)	.068
Minority	461 (11)	428 (11)	33 (13)	.482
History of hypertension	2876 (71)	2686 (71)	190 (73)	.412
History of CAD	1551 (38)	1439 (38)	112 (43)	.094
History of CHF	939 (23)	857 (23)	82 (32)	.001*
History of diabetes	813 (20)	748 (20)	65 (25)	.038
History of stroke or TIA	542 (13)	497 (13)	45 (17)	.052
History of hepatic or renal disease	231 (6)	205 (5)	26 (10)	.002*
Recent history of smoking	496 (12)	471 (12)	25 (10)	.186
Qualifying episode of AF is first episode documented	1391 (36)	1291 (35)	100 (40)	.113
Left atrial enlargement (size >4.0 cm)	2023 (65)	1888 (65)	135 (66)	.724
Left ventricular dysfunction (ejection fraction <50%)	788 (26)	724 (26)	64 (32)	.063
Mitral regurgitation >2+	647 (20)	603 (20)	44 (21)	.799

Di Marco et al, Am Heart J 2005



In summary:

## Disadvantages of HF patients in therapy with VKA

- Multiple drugs
- More frequent hepatic and renal dysfunction
- Greater INR lability

### HAS-BLED score

Condition	Points
<b>H</b> - Hypertension	1
<b>A</b> - Abnormal renal or liver function (1 point each)	1 or 2
<b>S</b> - Stroke	1
<b>B</b> - Bleeding	1
<b>L</b> - Labile INRs	1
<b>E</b> - Elderly (> 65 years)	1
<b>D</b> - Drugs or alcohol (1 point each)	1 or 2

# What about DOACs?

	RE-LY	Rocket-AF	Aristotle	Engage AF TIMI
Agent (mechanism of action)	Dabigatran (direct thrombin inhibitor)	Rivaroxaban (direct inhibitor of activated factor X)	Apixaban (direct inhibitor of activated factor X)	Edoxaban (direct inhibitor of activated factor X)
NOAC dose	150 mg or 110 mg twice daily	20 mg once daily	5 mg twice daily	60 mg or 30 mg once daily In both groups the dose was halved in patients who had any of the following criteria: estimated CrCl 30-50 ml/min, body weight ≤60 kg or concomitant use of verapamil or quinidine
Patients (n)	18,113	14,264	18,201	21,105
Renal function exclusion CG criteria)	<30 ml/min/1.73 m <sup>2</sup>	<30 ml/min/1.73 m <sup>2</sup>	<25 ml/min/1.73 m <sup>2</sup>	<30 ml/min/1.73 m <sup>2</sup>
Safety and efficacy of NOAC in comparison to warfarin	150 mg dose: lower rates of stroke and systemic embolism and similar rates of major haemorrhage 110 mg dose: similar rates of stroke and less major bleeding	Similar rates of stroke and major bleeding	Less stroke and major bleeding	Both doses: similar rates of stroke with less major bleeding

# DOACs' registration trials

**Table 2:**

**Baseline characteristics of patients enrolled in major studies of FDA-approved direct-acting oral anticoagulants (DOACs)**

Drug	Dabigatran <sup>46</sup>	Rivaroxaban <sup>48</sup>	Apixaban <sup>48</sup>	Edoxaban <sup>47</sup>
HF subgroup, n (%)	4904 (27)	9033 (63)	2736 (15)	8076 (67)
HF definition	NYHA ≥II HF symptoms <6 months screening and prior HF admission	HF history, or LVEF <40%	LVEF <40% or moderate or severe LV dysfunction	current presence or history of clinical HF Class C or D
Mean LVEF	NR		35 (30-39)	NR
LVEF ≤ 40%	44	34	NR**	NR
Mean age	68.3 ± 10.2	72 (65-78)	68 (60-74)	NR
Male %	67	61	79	NR
Nonischemic HF%	68	70	72	NR
Hypertension%	75	93	75	NR
Diabetes mellitus%	27	42	27	NR
History of stroke/TIA%	17	47	16	NR
Vascular disease%	NR	6.7	NR	NR
Mean CHADS <sub>2</sub>	2.6 (1.1)	3.7(0.9)	2.22 (1.2)	NR

# ROCKET AF-HF: impact of HF

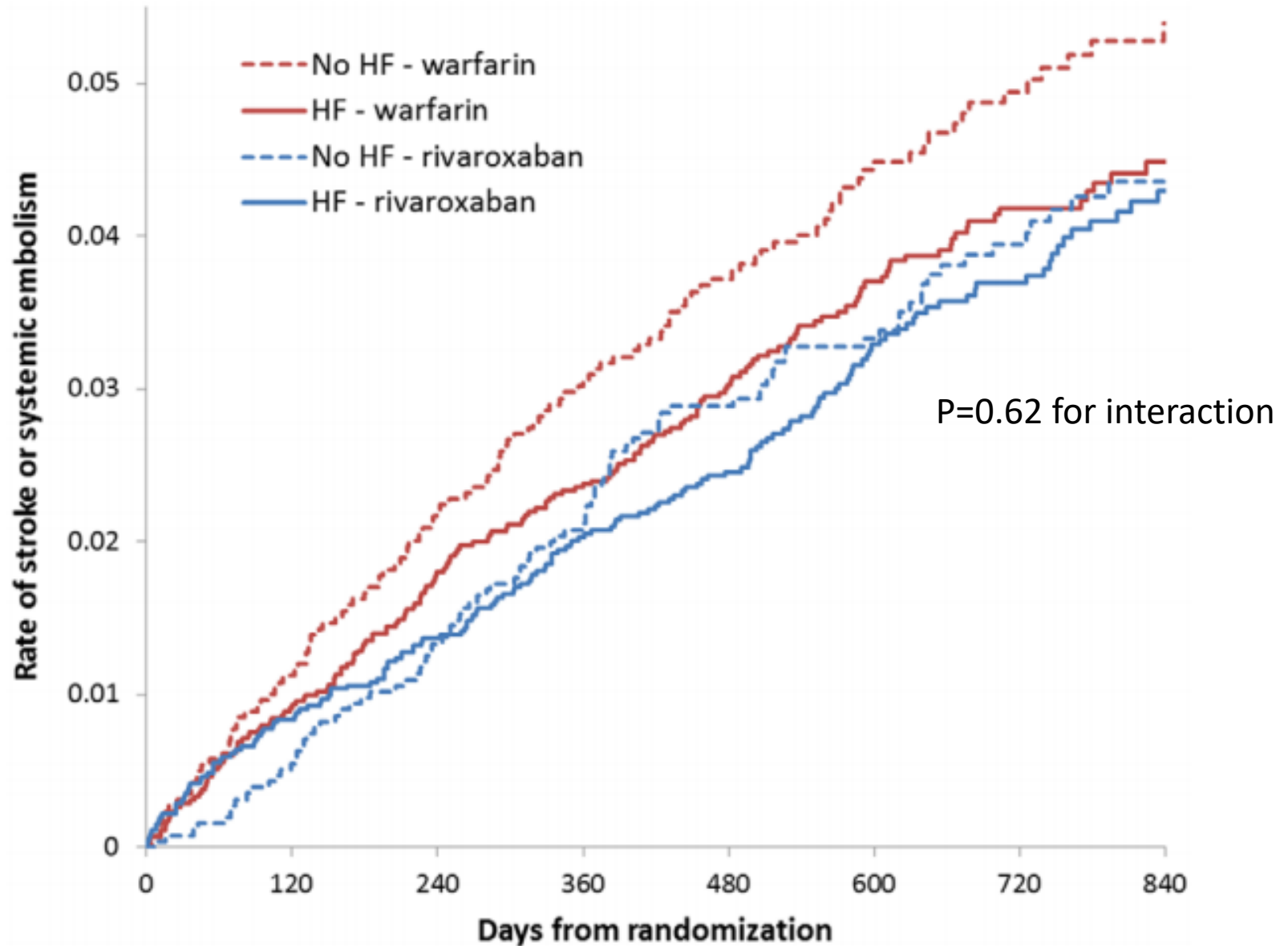
Rivaroxaban vs VKA

9033 pts with **HF history or LVEF<40%**

Mean CHADS<sub>2</sub> Score 3.5

Outcomes	Heart Failure*	No Heart Failure*	Heart Failure vs No Heart Failure, HR (95% CI)†	P Value
Efficacy outcomes				
Stroke or systemic embolization	1.99 (343)	2.32 (232)	0.94 (0.78–1.13)	0.51
Stroke, systemic embolization, or vascular death	5.00 (835)	3.50 (346)	1.28 (1.11–1.47)	0.0006
Stroke	1.84 (317)	2.16 (217)	0.95 (0.78–1.15)	0.57
Systemic embolization	0.17 (30)	0.17 (17)	0.93 (0.48–1.82)	0.84
All-cause death	5.26 (879)	3.37 (335)	1.34 (1.17–1.55)	<0.0001
Vascular death	3.53 (600)	1.75 (176)	1.65 (1.37–1.98)	<0.0001
Myocardial infarction	1.15 (200)	0.71 (72)	1.20 (0.89–1.63)	0.23
Safety outcomes				
Major or NMCR Bleeding	14.12 (1766)	15.73 (1158)	1.00 (0.92–1.08)	0.99
Hemorrhagic stroke	0.29 (41)	0.45 (38)	0.73 (0.45–1.20)	0.22
Intracranial hemorrhage	0.53 (74)	0.77 (65)	0.84 (0.58–1.22)	0.36

# ROCKET AF-HF: outcomes by HF and therapy



# ROCKET AF-HF: outcomes by HF and therapy

Outcomes	Heart Failure			No Heart Failure			P Value for Interaction‡
	Rivaroxaban*	Warfarin*	Rivaroxaban vs Warfarin, HR (95% CI)†	Rivaroxaban*	Warfarin*	Rivaroxaban vs Warfarin, HR (95% CI)†	
Efficacy outcomes	(n=4530)	(n=4503)		(n=2551)	(n=2587)		
Stroke or systemic embolization	1.90 (164)	2.09 (179)	0.91 (0.74–1.13)	2.10 (105)	2.54 (127)	0.84 (0.65–1.09)	0.62
Stroke, systemic embolization, or vascular death	4.88 (409)	5.11 (426)	0.97 (0.85–1.11)	3.29 (163)	3.71 (183)	0.89 (0.72–1.10)	0.52
Stroke	1.78 (154)	1.89 (163)	0.94 (0.76–1.17)	1.97 (99)	2.35 (118)	0.85 (0.65–1.11)	0.57
Systemic embolization	0.15 (13)	0.19 (17)	0.78 (0.38–1.61)	0.14 (7)	0.19 (10)	0.72 (0.27–1.88)	0.88
All-cause death	5.05 (423)	5.46 (456)	0.93 (0.82–1.07)	3.20 (159)	3.54 (176)	0.89 (0.71–1.10)	0.68
Vascular death	3.44 (292)	3.63 (308)	0.96 (0.82–1.13)	1.65 (83)	1.84 (93)	0.89 (0.66–1.20)	0.64
Myocardial infarction	1.09 (95)	1.21 (105)	0.94 (0.71–1.24)	0.69 (35)	0.72 (37)	0.94 (0.59–1.49)	0.99
Safety outcomes	(n=4550)	(n=4527)		(n=2561)	(n=2598)		
Major or NMCR bleeding	14.22 (888)	14.02 (878)	1.05 (0.95–1.15)	16.12 (587)	15.35 (571)	1.05 (0.93–1.18)	0.99
Hemorrhagic stroke	0.16 (11)	0.43 (30)	0.38 (0.19–0.76)	0.43 (18)	0.47 (20)	0.91 (0.48–1.73)	0.067
Intracranial hemorrhage	0.40 (28)	0.65 (46)	0.63 (0.40–1.02)	0.64 (27)	0.89 (38)	0.72 (0.44–1.19)	0.71

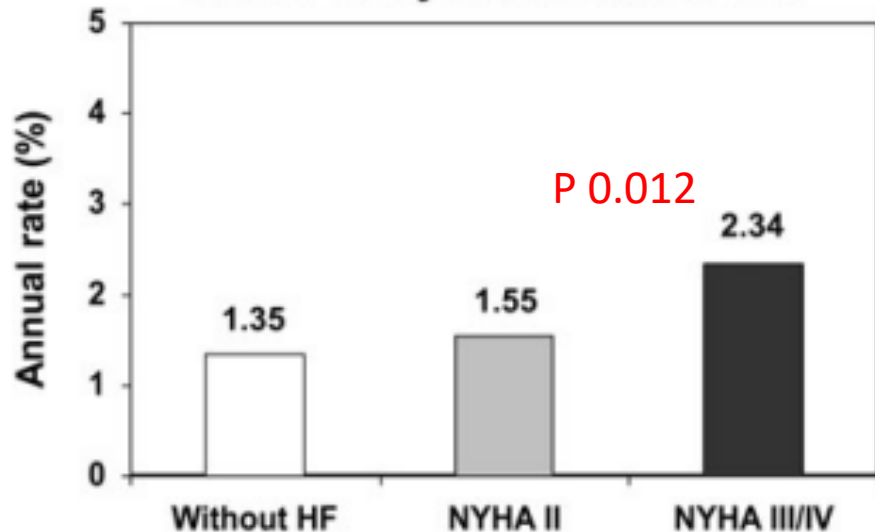
# RE-LY: HF subgroup analysis

Definition: NYHA  $\geq$  2 in the last 6 mo + history of HF

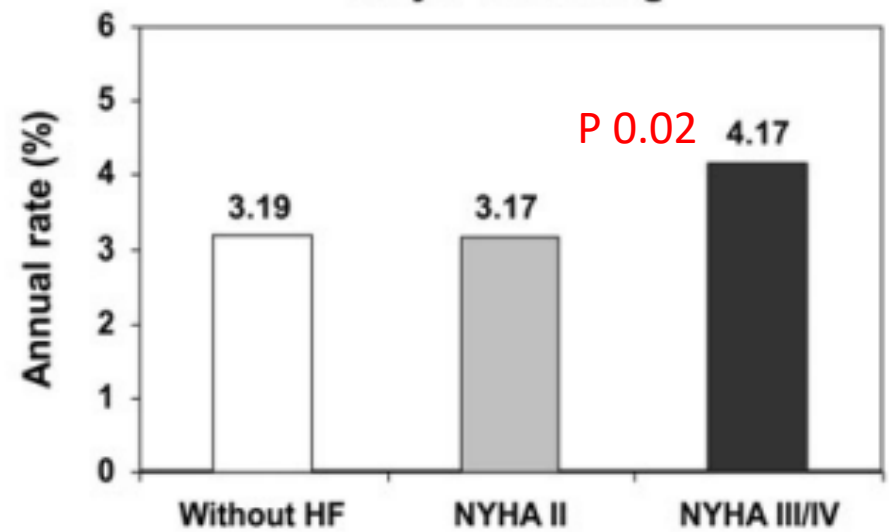
**Table 4 Total number and annual rates of outcomes in the study population with and without heart failure and multivariable adjusted hazard ratios**

Outcomes	With HF (n = 4904)	Without HF (n = 13 209)	Adjusted hazard ratio (95% CI)	P-value
Stroke or systemic embolism	164 (1.75)	355 (1.35)	1.08 (0.89–1.31)	0.46
Vascular death	439 (4.69)	441 (1.67)	2.26 (1.96–2.61)	<0.0001
Hospitalization	2098 (22.41)	5102 (19.35)	1.13 (1.07–1.20)	<0.0001
Major bleeding	320 (3.42)	842 (3.19)	0.96 (0.83–1.10)	0.53
Intracranial bleeding	35 (0.37)	120 (0.46)	0.72 (0.49–1.06)	0.10

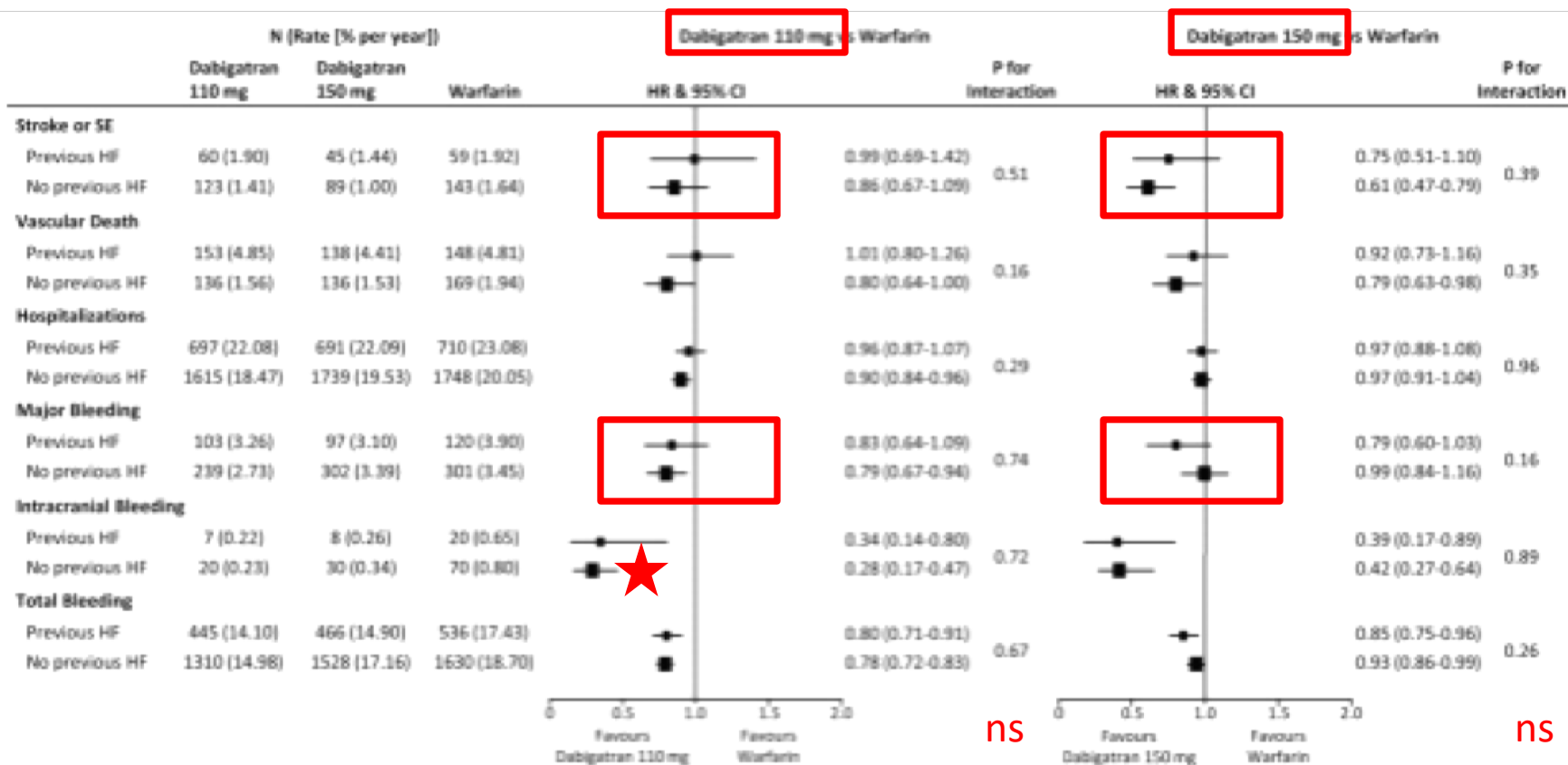
**Stroke or Systemic Embolism**



**Major Bleeding**



# RE-LY HF: outcomes





# ARISTOTELE subanalysis

14671 pts

8728 patients

no symptomatic  
HF and an EF  
>40%

3207 patients

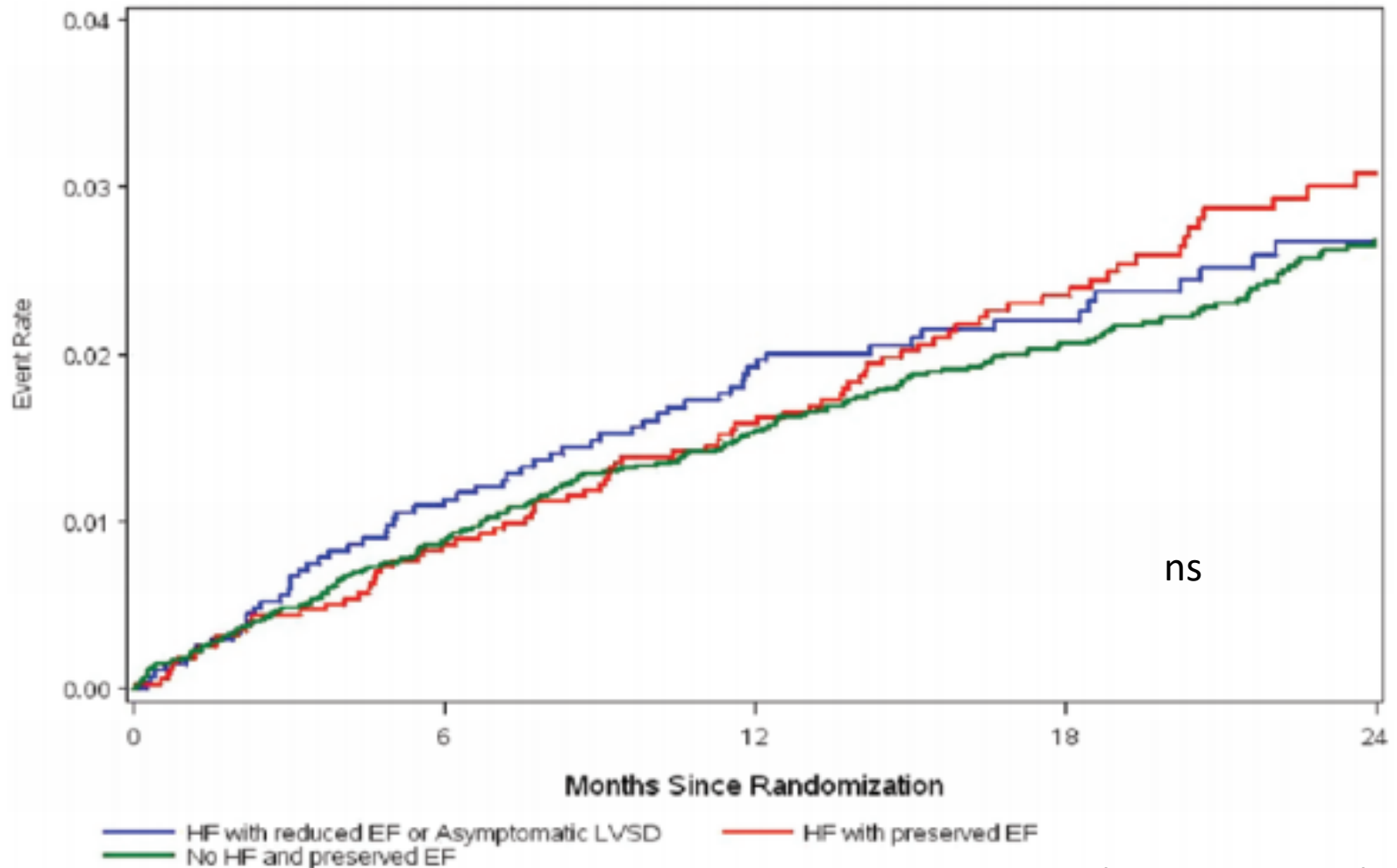
Symptomatic HF  
and an EF >40%  
(study definition  
of HF-PEF)

2736 patients

EF  $\leq$ 40%  
(moderate or  
severe LV  
dysfunction)

# ARISTOTELE subanalysis

Composite primary outcome: stroke + SE



# Treatment effect by HF/LVSD: efficacy and safety endpoints

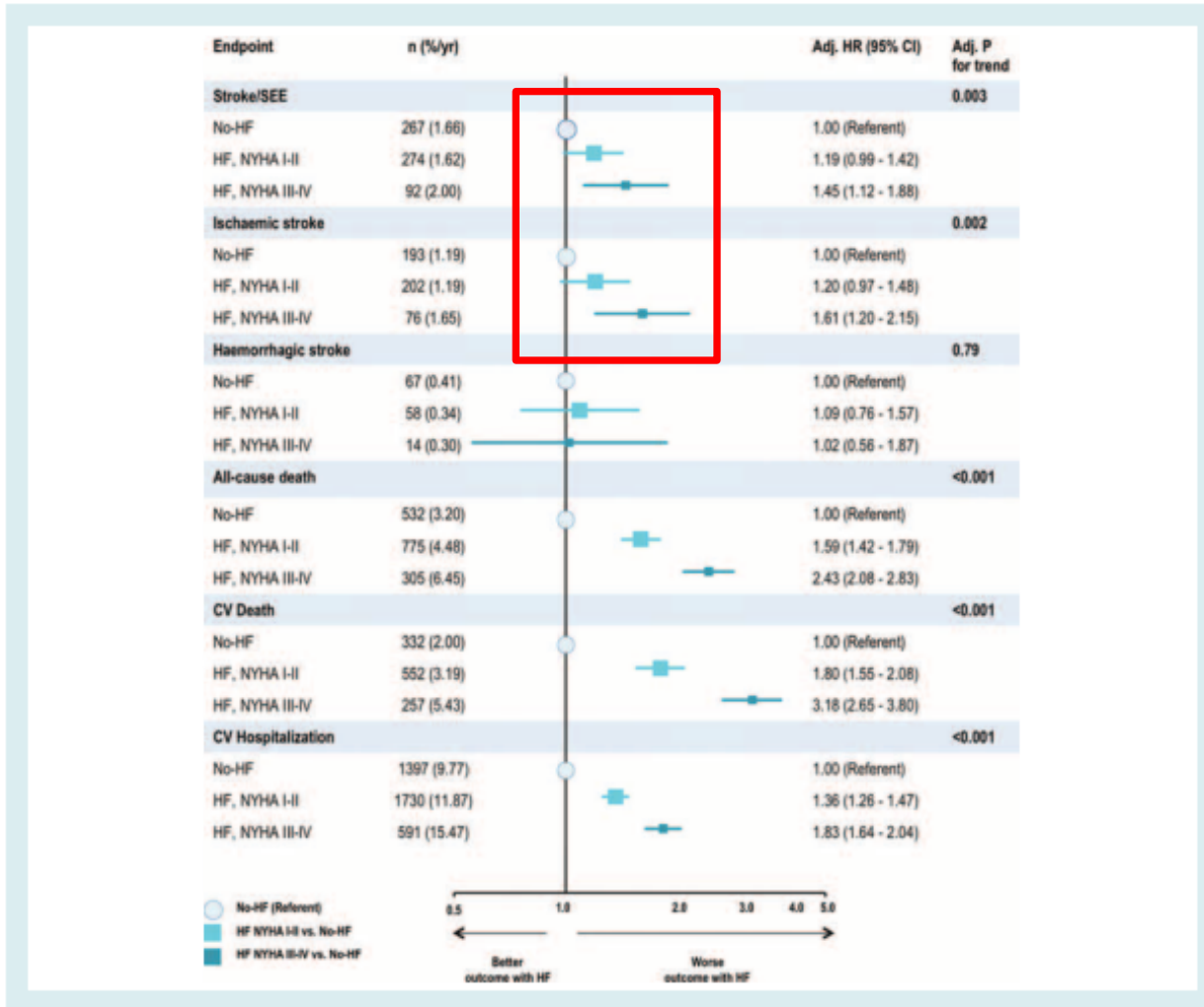
	Rate (n)		HR (95% CI)	Interaction P Value
	Apixaban	Warfarin		
<b>Stroke or systemic embolism*</b>				
LVSD	0.99 (24)	1.80 (43)	0.55 (0.34–0.91)	0.21
HF-PEF	1.51 (44)	1.54 (45)	0.98 (0.65–1.49)	
No LVSD/no HF	1.16 (95)	1.58 (129)	0.74 (0.57–0.96)	
<b>Stroke</b>				
LVSD	0.91 (22)	1.67 (40)	0.54 (0.32–0.91)	0.22
HF-PEF	1.37 (40)	1.40 (41)	0.98 (0.63–1.51)	
No LVSD/no HF	1.09 (89)	1.54 (125)	0.71 (0.54–0.93)	
<b>ISTH major bleeding</b>				
LVSD	2.77 (61)	3.41 (74)	0.81 (0.58–1.14)	0.50
HF-PEF	1.95 (52)	3.17 (82)	0.62 (0.44–0.88)	
No LVSD/no HF	2.17 (162)	2.83 (210)	0.77 (0.62–0.94)	
<b>ISTH major bleeding: intracranial</b>				
LVSD	0.18 (4)	0.73 (16)	0.25 (0.08–0.73)	0.23
HF-PEF	0.15 (4)	0.76 (20)	0.20 (0.07–0.58)	
No LVSD/no HF	0.38 (29)	0.81 (61)	0.47 (0.30–0.73)	

*“Apixaban was **superior** to warfarin with respect to both efficacy and safety outcomes in all patient groups, with the greatest absolute benefit in the highest risk patients with LVSD”.*

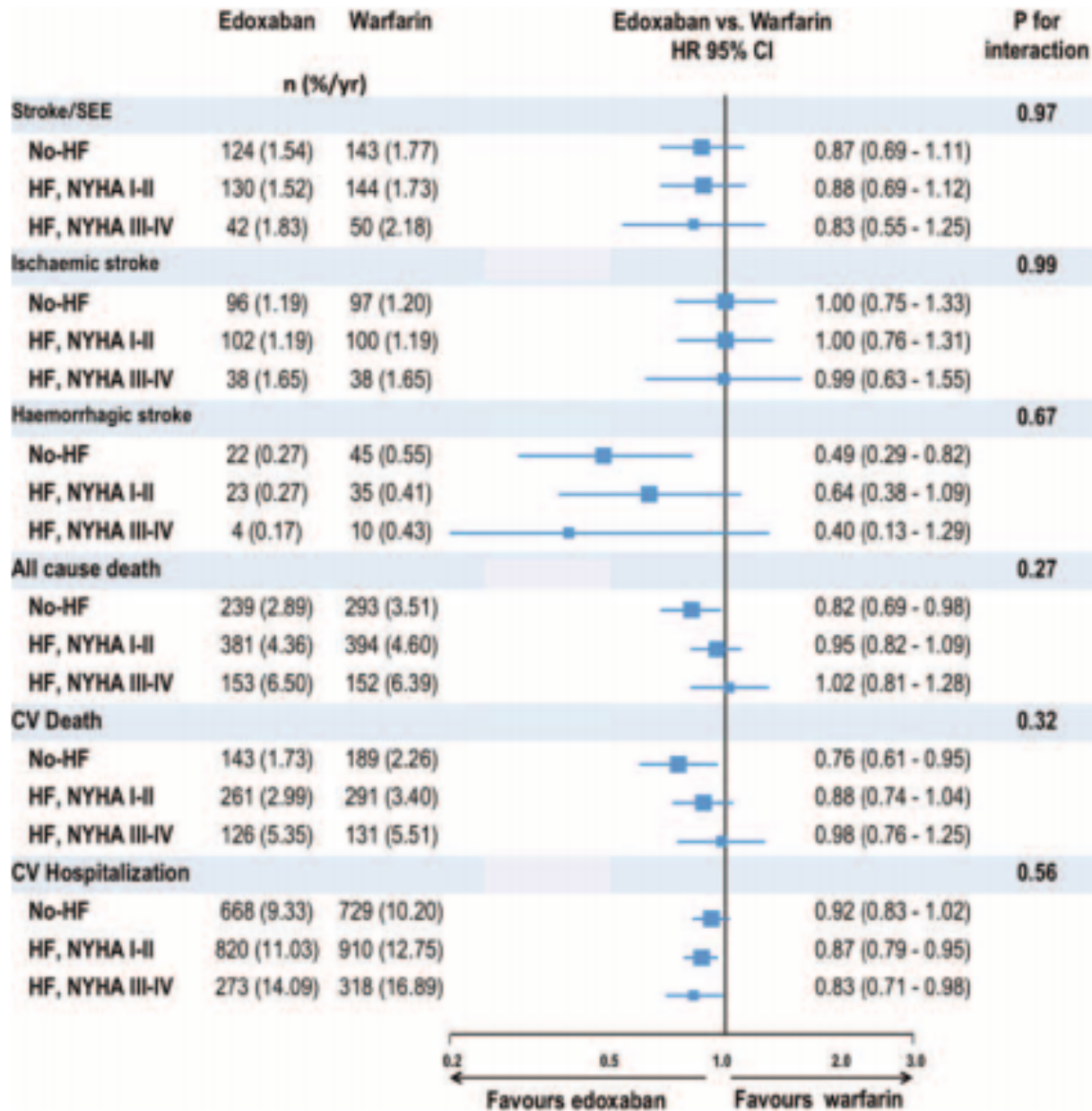
# ENGAGE AF-HF: outcomes by HF degree

HDER only!

Previous history or presence of HF stage C/D (ACC/AHA definition)

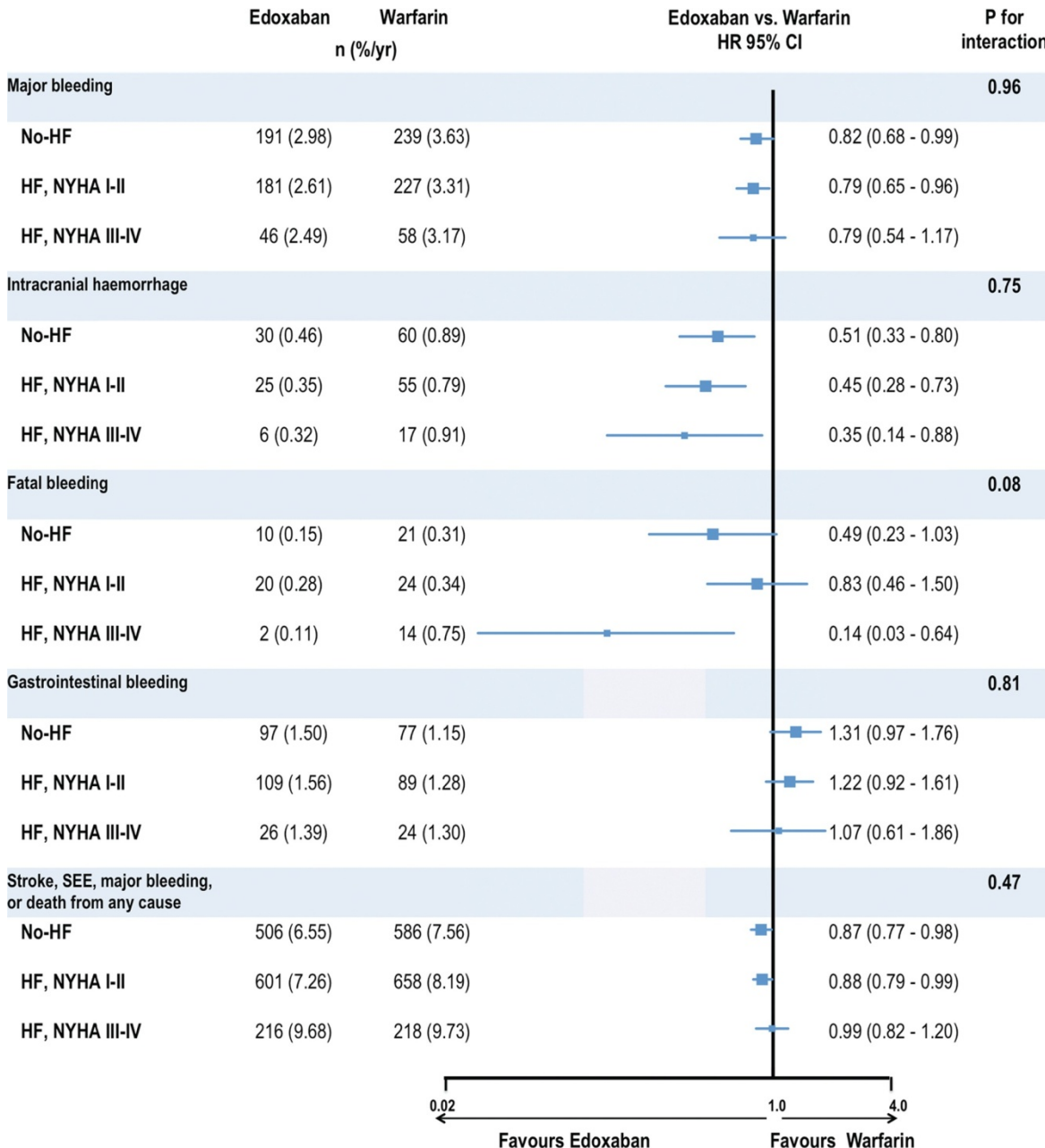


# ENGAGE AF-HF: outcomes by HF and therapy



} All p<0.05

# ENGAGE AF-HF: outcomes by HF and therapy



p 0.04

p 0.02

All p < 0.05

Magnani et al,  
European Journal of Heart Failure 2016

# Overall results

**Table 2:**

**Baseline characteristics of patients enrolled in major studies of FDA-approved direct-acting oral anticoagulants (DOACs)**

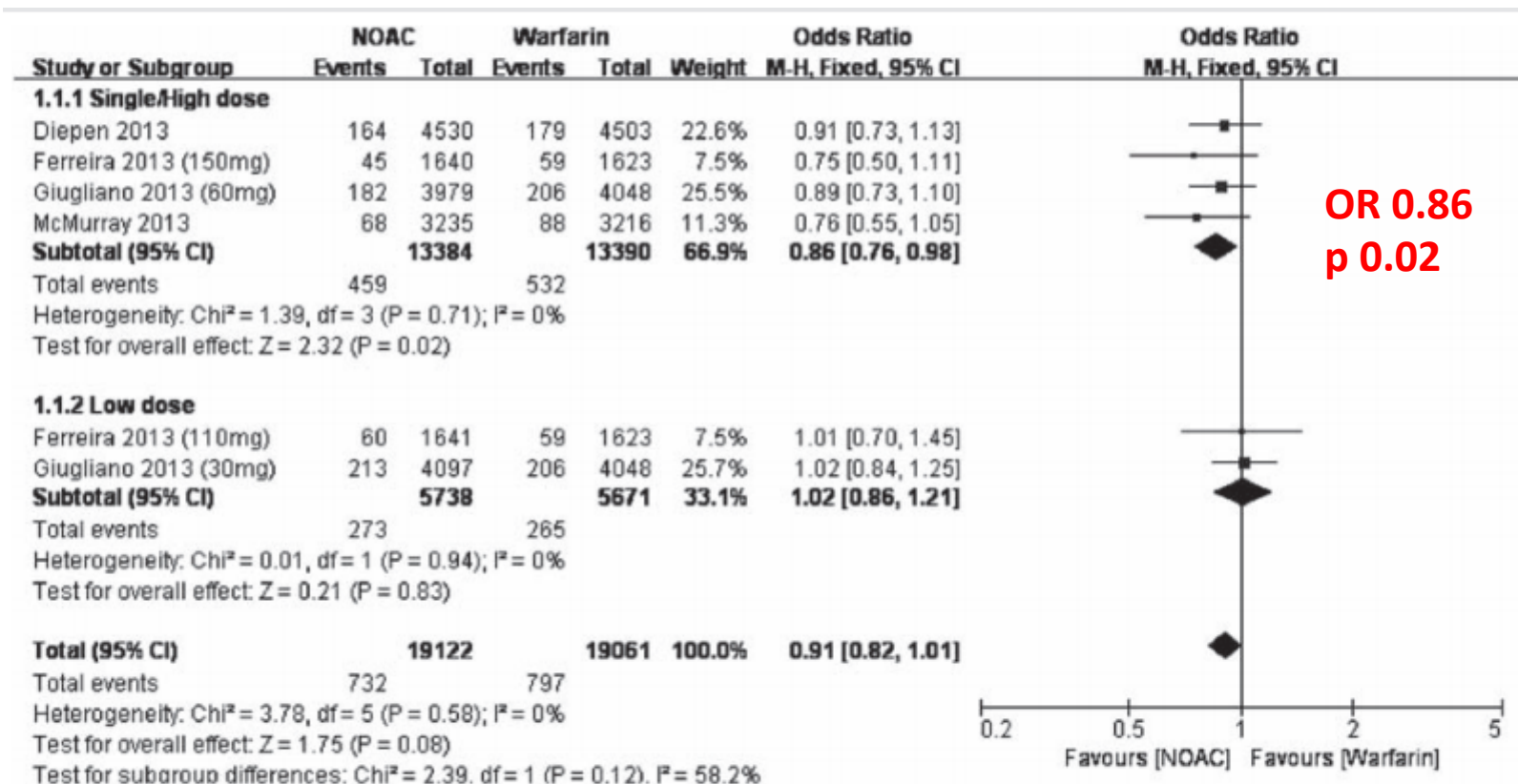
Drug	Dabigatran <sup>®</sup>	Rivaroxaban <sup>®</sup>	Apixaban <sup>®</sup>	Edoxaban <sup>®</sup>
HF subgroup, n (%)	4904 (27)	9033 (63)	2736 (15)	8076 (67)
HF definition	NYHA ≥II HF	HF history,	LVEF <40%	current presence
Efficacy	No significant interaction between treatment effect of dabigatran (110mg or 150mg) and the presence of HF.	No significant interaction between the primary efficacy endpoint and the presence of heart failure for those taking rivaroxaban versus warfarin.	No evidence of treatment heterogeneity according to the presence of heart failure.	No interaction between reduction in stroke or systemic embolism and the presence of HF.

# AF +HF metanalysis

RCT: RE-LY, ARISTOTELE, ROCKET-AF, ENGAGE-AF

**Primary efficacy outcome: stroke/SE**

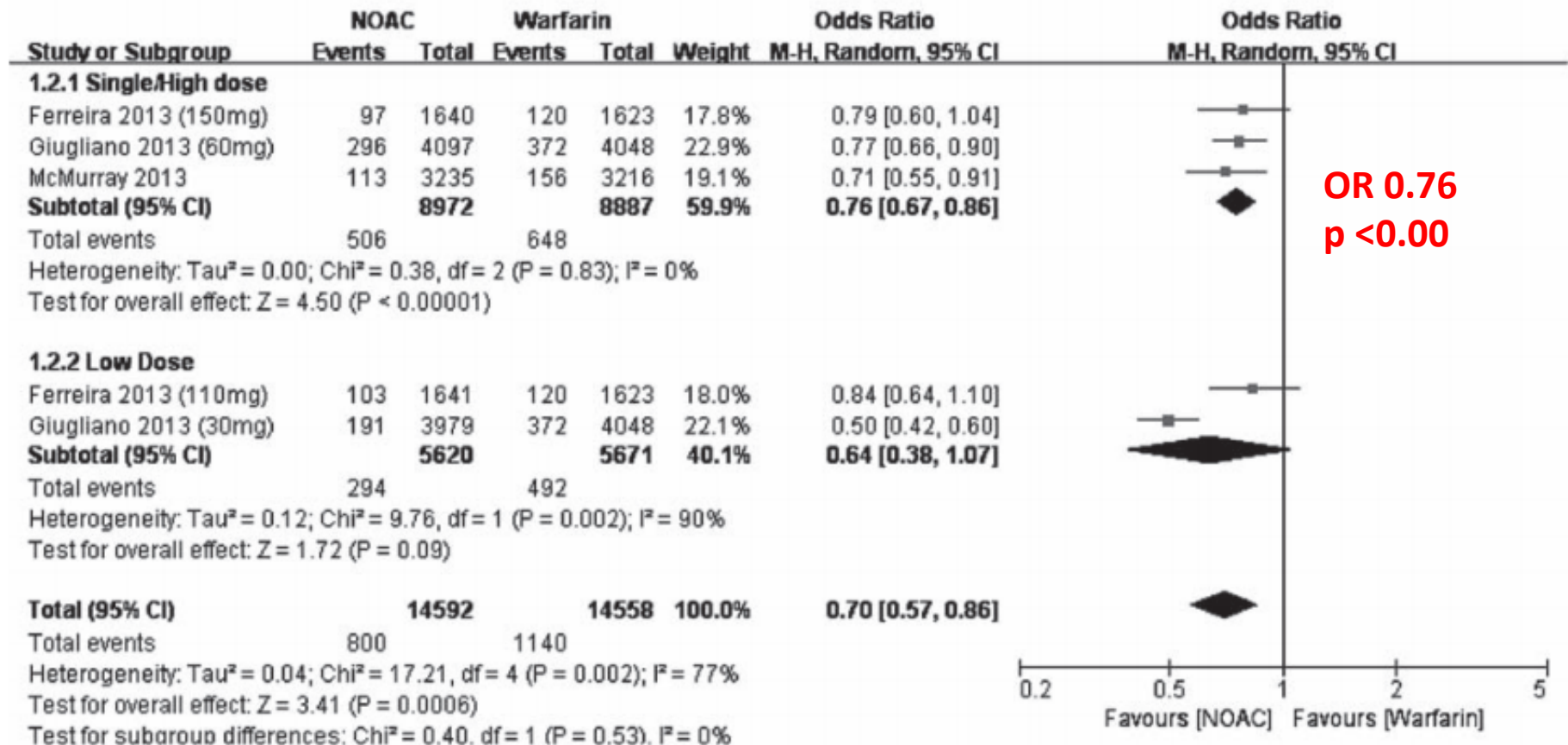
19122 NAO vs 13390 VKA





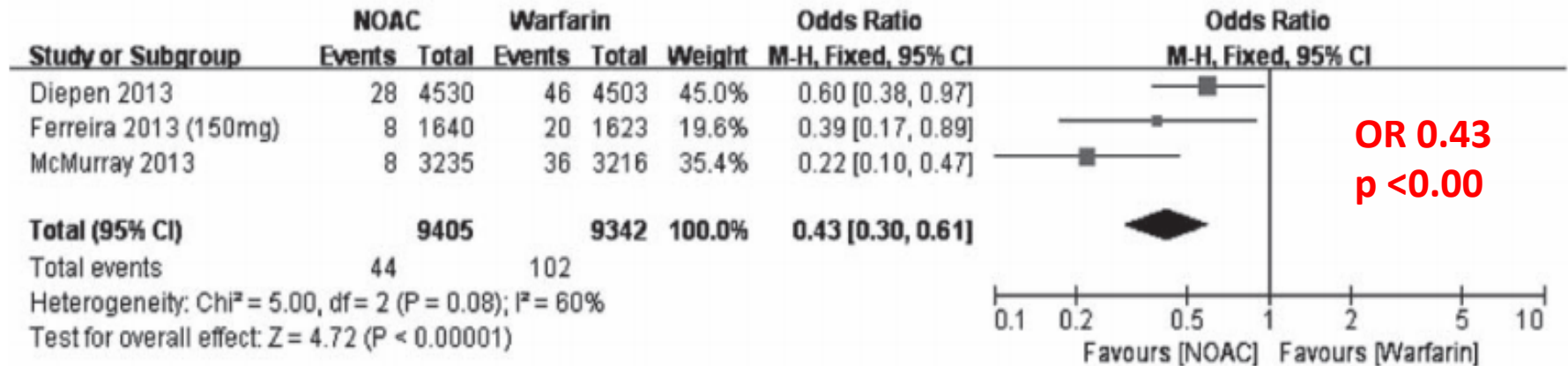
# AF +HF metanalysis: SAFETY

## <Major Bleeding>

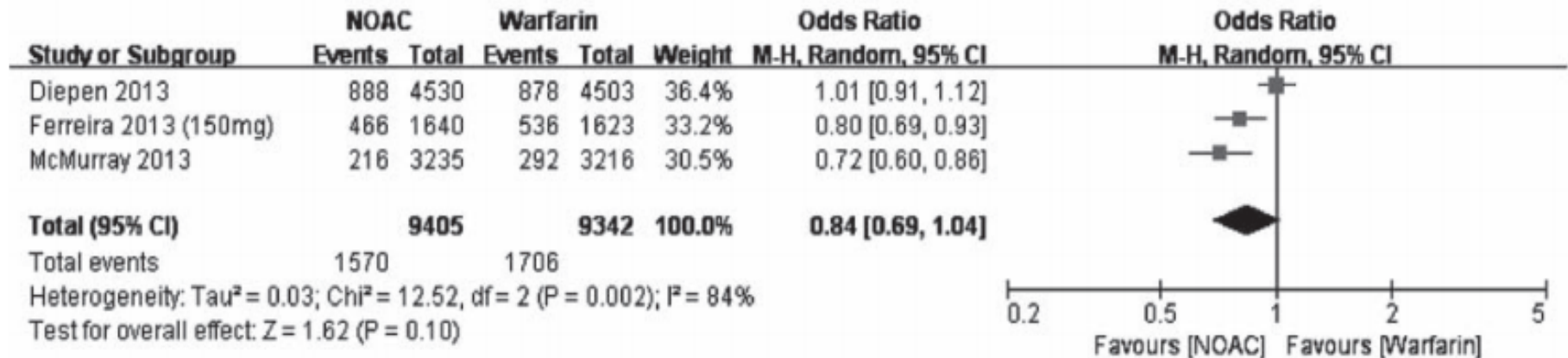


# AF +HF metanalysis: SAFETY

## <Intracranial Haemorrhage>



## <All-bleeding>

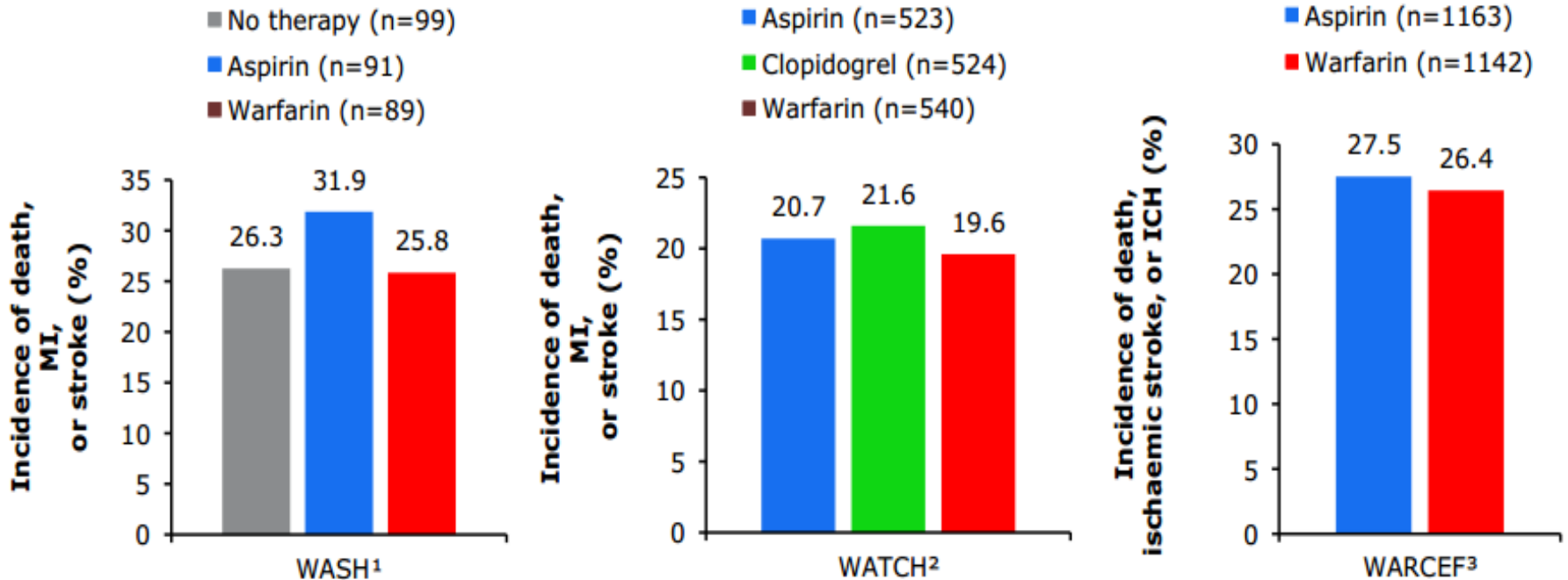


# Heart failure and sinus rhythm?

## Rationale:

- deceleration of peripheral and intracardiac blood flow due to peripheral congestion and impaired cardiac contractility
- prolonged bed rest in severely ill cases
- endothelial dysfunction (impaired NO response)
- the presence of coagulation defects as, for example, in the case of ventricular assist devices
- **increased risk for misdiagnosed atrial fibrillation**

# Warfarin has failed to demonstrate improved outcomes in pts with HF and SR



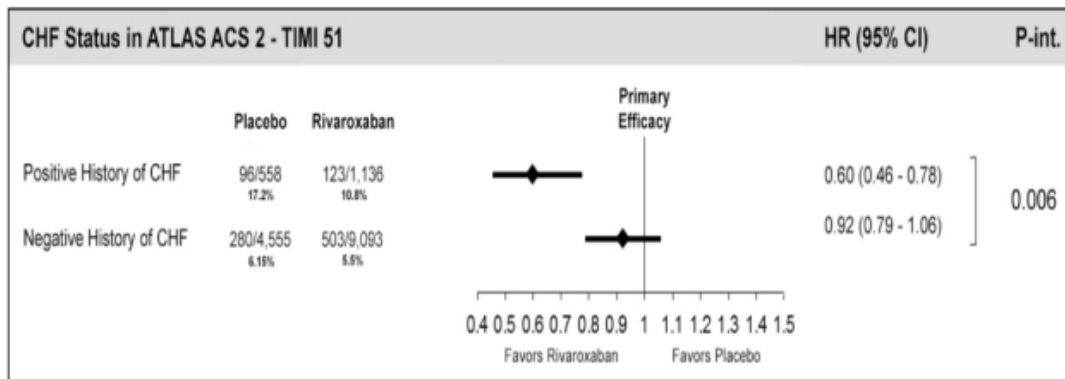
1. Cleland JGF, et al. *Am Heart J*. 2004.
2. Massie BM, et al. *Circulation*. 2009
3. Homma S et al, *N Engl J Med*. 2012.

# Rationale for the Commander HF design

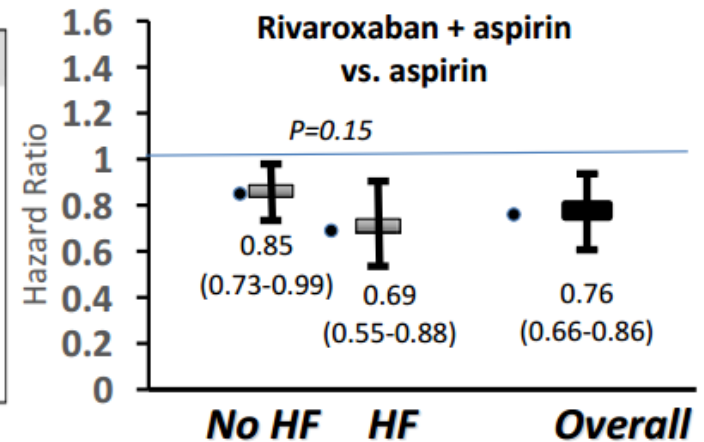
## ATLAS ACS 2-TIMI 51

Figure 1.

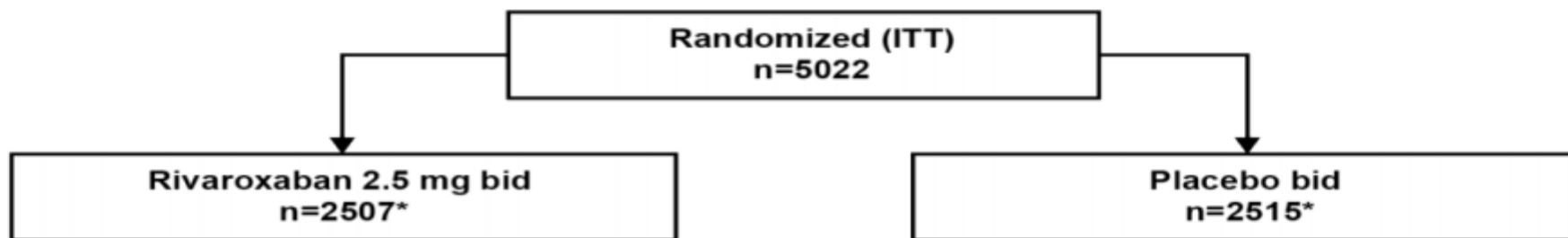
Primary Efficacy Endpoint among Subjects with History of CHF vs. Patient Without Prior History of CHF



## COMPASS



# COMMANDER HF



## Key Inclusion Criteria

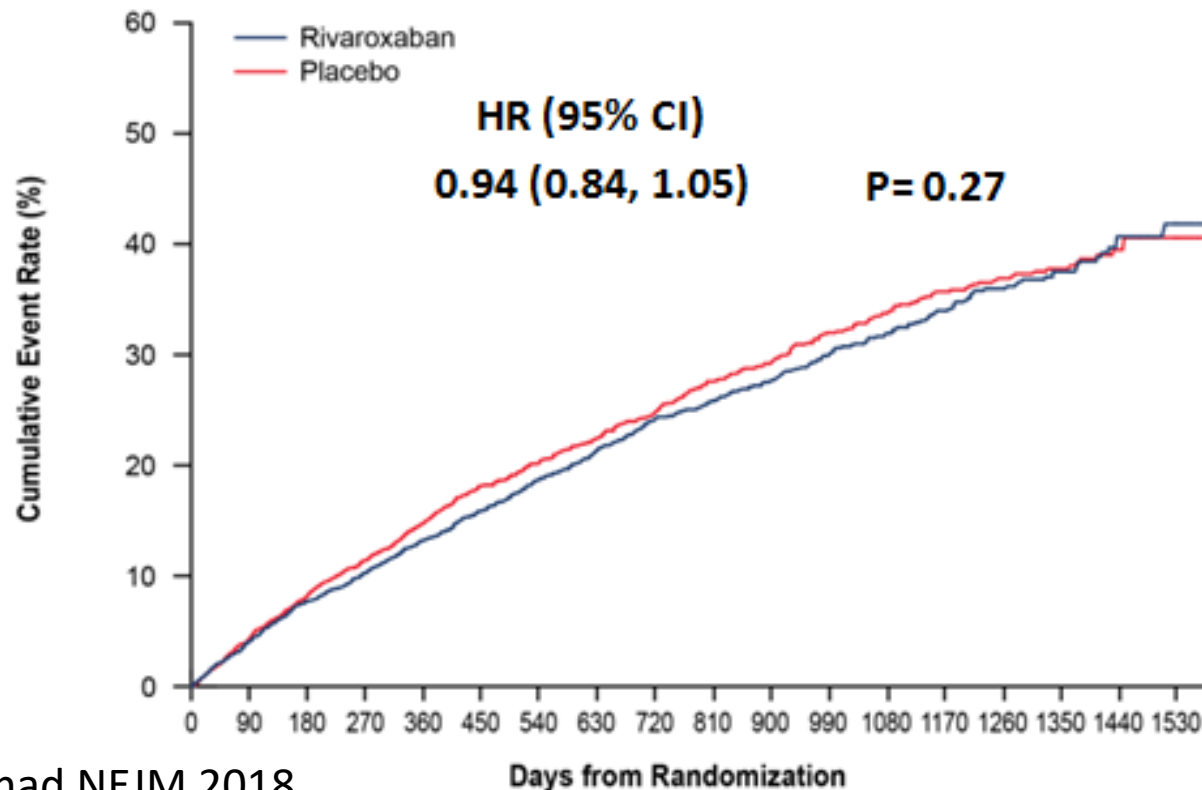
- Chronic HF (>3mths) with reduced LVEF ( $\leq 40\%$ )
- Within 21 days after an episode of hospitalization for worsening HF
- Elevated plasma BNP ( $\geq 200$  pg/mL) or NT-proBNP ( $\geq 800$  pg/mL) during the index event
- CAD (Hx MI, Revasc, angiogram, ECG+Echo)
- Receiving appropriate guidelines medical treatment\*
- No anticoagulation

## Key Exclusion Criteria

- Bleeding risk, AF, acute MI
- Planned cardiac surgery within 28 days (eg, PCIs and EP devices)
- History of severe valvular disease, chronic episodes of ventricular tachycardia, severe peptic ulcer disease, or HIV
- eGFR < 20 mL/min
- Prior stroke (within 90 days)
- Anemia (Hb < 8 g/dL) or severe thrombocytopenia (platelets < 50,000/ $\mu$ L)

# COMMANDER HF

## Primary Efficacy Outcome (ITT, All-cause mortality, MI, or stroke)



# COMMANDER HF: safety outcomes

Outcomes	Rivaroxaban (N=2499)		Placebo (N=2509)		Rivaroxaban vs. Placebo	P value
	n (%)	Event Rate/ (100 pt-yr)	n (%)	Event Rate/ (100 pt-yr)	HR (95% CI)	Log-rank P value
<b>Principal safety (composite)</b>	<b>18 (0.7)</b>	<b>0.44</b>	<b>23 (0.9)</b>	<b>0.55</b>	<b>0.80 (0.43, 1.49)</b>	<b>0.484</b>
Fatal bleeding	9 (0.4)	0.22	9 (0.4)	0.22	1.03 (0.41, 2.59)	0.951
Bleeding in critical space with potential for permanent disability	13 (0.5)	0.32	20 (0.8)	0.48	0.67 (0.33, 1.34)	0.253
<b>ISTH major bleeding</b>	<b>82 (3.3)</b>	<b>2.04</b>	<b>50 (2.0)</b>	<b>1.21</b>	<b>1.68 (1.18, 2.39)</b>	<b>0.003</b>
<b>ISTH: HGB decreases <math>\geq 2</math>g/dL</b>	<b>55 (2.2)</b>	<b>1.37</b>	<b>30 (1.2)</b>	<b>0.73</b>	<b>1.87 (1.20, 2.91)</b>	<b>0.005</b>
<b>ISTH: transfusions <math>\geq 2</math> Units</b>	<b>31 (1.2)</b>	<b>0.77</b>	<b>18 (0.7)</b>	<b>0.43</b>	<b>1.74 (0.98, 3.12)</b>	<b>0.058</b>
ISTH: critical bleeding sites	25 (1.0)	0.62	23 (0.9)	0.56	1.12 (0.63, 1.97)	0.699
ISTH: fatal outcome	3 (0.1)	0.07	7 (0.3)	0.17	0.45 (0.12, 1.72)	0.228
Bleeding requiring hospitalization	61 (2.4)	1.52	48 (1.9)	1.16	1.30 (0.89, 1.90)	0.170

*In patients with recent worsening of chronic HF and reduced ejection fraction who also have underlying CAD and are not in AF, low-dose rivaroxaban, when added to guideline-based therapy, does not improve the composite of all-cause mortality, MI, or stroke, nor does it favorably influence HF rehospitalization*



# Take home messages

- Thromboembolic risk increases proportionally with HF stages
- In patients with both NVAF and HF all DOACs demonstrated the same efficacy/safety profile showed in the overall populations
- To date in patients with HF without AF the anticoagulation therapy did not prove benefit in prevention of ischemic events